

Standard Drinks Guide

The numbers in **red** are the approximate number of 'standard drinks' in some typical alcohol containers.

BEER



1.1
285ml Pot/Middy*
Full Strength
(4.8% Alc. Vol)

0.8
285ml Pot/Middy*
Mid Strength
(3.5% Alc. Vol)

0.6
285ml Pot/Middy*
Low Strength
(2.7% Alc. Vol)



1.6
425ml Schooner**
Full Strength
(4.8% Alc. Vol)

1.2
425ml Schooner**
Mid Strength
(3.5% Alc. Vol)

0.9
425ml Schooner**
Low Strength
(2.7% Alc. Vol)



1.4
375ml
Full Strength
(4.8% Alc. Vol)

1.0
375ml
Mid Strength
(3.5% Alc. Vol)

0.8
375ml
Low Strength
(2.7% Alc. Vol)



34
24 x 375ml (carton)
Full Strength
(4.8% Alc. Vol)

24
24 x 375ml
Mid Strength
(3.5% Alc. Vol)

19
24 x 375ml
Low Strength
(2.7% Alc. Vol)

* NSW, ACT, WA = Middy; VIC, QLD, TAS = Pot; NT = Handle; SA = Schooner ** SA = Pint

WINE



1.6
150ml
Average
Restaurant Serving
of Red Wine
(13.5% Alc. Vol)

1.0
100ml
Standard Serve
of Red Wine
(13.5% Alc. Vol)

8.0
750ml
Bottle of Red Wine
(13.5% Alc. Vol)



1.4
150ml
Average
Restaurant Serving
of White Wine
(11.5% Alc. Vol)

1.0
100ml
Standard Serve
of White Wine
(11.5% Alc. Vol)

7.5
750ml
Bottle of White Wine
(12.5% Alc. Vol)

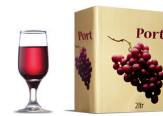


43
4 Litres
Cask Red Wine
(13.5% Alc. Vol)

21
2 Litres
Cask Red Wine
(13.5% Alc. Vol)

39
4 Litres
Cask White Wine
(12.5% Alc. Vol)

19.5
2 Litres
Cask White Wine
(12.5% Alc. Vol)



0.9
60ml
Standard Serve
of Port
(18% Alc. Vol)

28
2 Litres
Cask of Port
(17.5% Alc. Vol)



1.4
150ml
Average Restaurant
Serve of Champagne
(12% Alc. Vol)

7.5
750ml
Bottle of Champagne
(12.5% Alc. Vol)

SPIRITS



1.0
30ml
High Strength
Spirit Nip/Shot
(40% Alc. Vol)

22
700ml
High Strength
Bottle of Spirits
(40% Alc. Vol)



1.1
275ml
Full Strength
RTD#
(5% Alc. Vol)

1.2
330ml
Full Strength
RTD
(5% Alc. Vol)

2.6
660ml
Full Strength
RTD
(5% Alc. Vol)



1.5
275ml
High Strength
RTD
(7% Alc. Vol)

1.8
330ml
High Strength
RTD
(7% Alc. Vol)

3.6
660ml
High Strength
RTD
(7% Alc. Vol)



1.0
250ml
Full Strength Pre-mix Spirits
(5% Alc. Vol)

1.2
300ml
Full Strength Pre-mix Spirits
(5% Alc. Vol)

1.5
375ml
Full Strength Pre-mix Spirits
(5% Alc. Vol)

1.7
440ml
Full Strength Pre-mix Spirits
(5% Alc. Vol)



1.4-1.9
250ml
High Strength Pre-mix Spirits
(7%-10% Alc. Vol)



1.6
300ml
High Strength Pre-mix Spirits
(7% Alc. Vol)


2.1
375ml
High Strength Pre-mix Spirits
(7% Alc. Vol)

2.4
440ml
High Strength Pre-mix Spirits
(7% Alc. Vol)

Ready-to-drink

HOW TO COMPLETE THE QUESTIONNAIRE

- Please complete this form carefully using black ballpoint pen (not felt). Alternatively use blue pen. Most questions only require you to answer by marking the appropriate box or boxes with a cross like this: 
- Please do not mark any areas outside the box. Other questions will require a numeric answer and can be filled in like this: 
- Please do not cross the number 7. Please make sure to write only one number in each box. Always round up to whole numbers, unless otherwise indicated.
- Other questions will ask you to write your answer in the box provided. Please ensure that you print your answers like this:

Last year I travelled to Bali on a Holiday
- If you make a mistake, completely shade out the box and cross the appropriate one. 
- If you see an instruction like this (**Skip to**), you should follow the direction exactly. For example (**Skip to Y1**) means that you should miss all the questions after the one you have just answered, until you come to the question marked Y1. If you do not see the (**Skip to**), just answer the next question.
- Please answer each section and then follow the Skips as required.

THIS SURVEY COVERS 3 SORTS OF SUBSTANCES:

1. Illicit drugs, such as heroin and cocaine,
 2. Licit (legal) drugs, such as tobacco and alcohol; and
 3. Pharmaceuticals used for non-medical purposes (see below).
- "Pharmaceuticals" includes prescription pharmaceuticals (such as sleeping pills or methadone) and any other pharmaceuticals (such as Aspirin or Paracetamol) wherever and however they are obtained.
- "NON-MEDICAL PURPOSES" MEANS DRUGS USED:**
1. either alone or with other drugs in order to induce or enhance a drug experience;
 2. for performance enhancement (e.g. athletic); or
 3. for cosmetic purposes (e.g. body shaping).

DRUGS LISTED IN THE QUESTIONNAIRE AND THEIR COMMON NAMES

Alcohol	
Tobacco	
Tranquillisers, Sleeping pills	(e.g. Benzos, Temazzies, Tranks, Sleepers; Valium, Serapax, Serries, Mandrax, Mandies, Rohypnol, Rowies)
Prescription Pain-killers/Analgesics	(e.g. Panadeine Forte, Fentanyl [®] , Endone [®])
Over-the-counter Pain-killers/Analgesics	(e.g. Aspirin, Paracetamol, Mersyndol, Nurofen Plus)
Steroids	(e.g. Roids, Juice, Gear, Andriol, Halotestin)
Sniffing Petrol/Glue/Aerosols/Solvents	(e.g. Chroming, Sniffing, Laughing gas, Whippits, Nitrous, Snappers, Poppers, Pearlers, Rushamines, Locker room, Bolt, Bullet, Rush, Climax, Red gold, Amyl, Bulbs)
Marijuana/Cannabis	(e.g. Pot, Grass, Weed, Reefer, Joint, MaryJane, Acapulco gold, Rope, Mulli, Cone, Spiff, Dope, Hydro, Bhang, Ganja, Hash, Chronic)
Hallucinogens/LSD/PCP	(e.g. Acid, Trips, Mushies, Magic mushrooms, Wedges, Windowpane, Blotter, Microdot, Angel dust, Hog, Blue meannies, Gold tops, Datura, Angel's trumpet)
Methadone/Buprenorphine	(e.g. Done, Junk, Jungle juice, Bupe, Sub)
Meth/amphetamine	(e.g. Speed, Base, Ice, Crystal, Meth, Amphet, Shabu, Tina, Paste, Skates, Ox blood, Leopards blood, Whizz, Zip)
Heroin	(e.g. Hammer, Smack, Horse, H, Boy, Junk, Gear)
Other Opioids/Opiates	(e.g. Morphine, Pethidine, Oxycodone)
Cocaine	(e.g. Coke, Crack, Flake, Snow, White lady/girl, Happy dust, Gold dust, Toot, Scotty, Charlie, Cecil, C, Freebase)
Ecstasy	(e.g. XTC, E, Ex, Ecce, E and C, Adam, MDMA, MDDA, MDEA, Eve, PMA)
GHB	(e.g. Fantasy, Grievous bodily harm, GBH, Liquid E, Liquid X, 1-4B, GBL)
Ketamine	(e.g. K, Special K, Vitamin K, KitKat, Ket)
Kava	